



# CASEL ALIGNMENT GUIDE

## THE ROADTRIP NATION EXPERIENCE

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Assessing The Roadtrip Nation Experience against The Collaborative for Academic, Social, and Emotional Learning framework.

**LEARN MORE BY VISITING [HTTPS://CASEL.ORG/](https://casel.org/)**





## WHAT YOU'RE INTERESTED IN MATTERS

You'll learn a new approach to finding a career—one based on following your interests. You'll see how shifting your perspective about careers can help you find greater satisfaction in your work, and how talking to professionals who share your interests can open up new doors.

LESSON PORTION	LESSON ELEMENT	CASEL STANDARD
INTRODUCTION	Lesson Video	<b>CASEL: SELF-AWARENESS</b> <ul style="list-style-type: none"> <li>Identifying personal, cultural, and linguistic assets</li> </ul>
LESSON TASKS	Lesson Questions	<b>CASEL: SELF-AWARENESS</b> <ul style="list-style-type: none"> <li>Integrating personal and social identities</li> <li>Identifying personal, cultural, and linguistic assets</li> </ul>
LESSON TASKS	Project Assignment: Survey	<b>CASEL: SELF-AWARENESS</b> <ul style="list-style-type: none"> <li>Identifying one's emotions</li> <li>Linking feelings, values, and thoughts</li> </ul>
LESSON EXTRAS	"Roadmap" Book Companion: Introduction and Chapter One	<b>CASEL: SELF-AWARENESS</b> <ul style="list-style-type: none"> <li>Integrating personal and social identities</li> <li>Identifying one's emotions</li> <li>Linking feelings, values, and thoughts</li> </ul>
LESSON EXTRAS	Leaders Featured In This Lesson	<b>CASEL: SOCIAL AWARENESS</b> <ul style="list-style-type: none"> <li>Taking others' perspectives</li> <li>Recognizing strengths in others</li> </ul>



## SHED THE NOISE AND LISTEN TO YOURSELF

You'll fine-tune the process of self-exploration by identifying how outside influences have affected your decisions in life. By "shedding the Noise" and separating who you are from what others want you to be, you'll create a new definition of success for yourself in your education and career.

LESSON PORTION	LESSON ELEMENT	CASEL STANDARD
<b>INTRODUCTION</b>	<b>Lesson Video</b>	<p><b>CASEL: SOCIAL AWARENESS</b></p> <ul style="list-style-type: none"> <li>• Understanding the influences of organizations/ systems on behavior</li> <li>• Identifying diverse social norms, including unjust ones</li> </ul>
<b>LESSON TASKS</b>	<b>Lesson Questions</b>	<p><b>CASEL: SELF-AWARENESS</b></p> <ul style="list-style-type: none"> <li>• Integrating personal and social identities</li> </ul> <p><b>CASEL: SOCIAL AWARENESS</b></p> <ul style="list-style-type: none"> <li>• Understanding the influences of organizations/ systems on behavior</li> <li>• Identifying diverse social norms, including unjust ones</li> </ul>
<b>LESSON EXTRAS</b>	<b>Leaders Featured In This Lesson</b>	<p><b>CASEL: SOCIAL AWARENESS</b></p> <ul style="list-style-type: none"> <li>• Taking others' perspectives</li> <li>• Recognizing strengths in others</li> </ul>



## CONNECT YOUR INTERESTS TO CAREERS

You'll use the Roadmap tool to explore your interests and match them to careers. By discovering careers that are connected to your interests, and hearing real career stories from people who share those interests too, you'll be able to approach your future career from the perspective of what motivates and interests you.

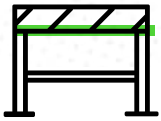
LESSON PORTION	LESSON ELEMENT	CASEL STANDARD
INTRODUCTION	Lesson Video	<p><b>CASEL: SELF-AWARENESS</b></p> <ul style="list-style-type: none"> <li>Identifying personal, cultural, and linguistic assets</li> </ul>
LESSON TASKS	Lesson Questions	<p><b>CASEL: SELF-AWARENESS</b></p> <ul style="list-style-type: none"> <li>Identifying personal, cultural, and linguistic assets</li> <li>Integrating personal and social identities</li> <li>Linking feelings, values, and thoughts</li> </ul> <p><b>CASEL: RESPONSIBLE DECISION-MAKING</b></p> <ul style="list-style-type: none"> <li>Demonstrating curiosity and open-mindedness</li> </ul>
LESSON TASKS	Essential Resources: The Roadmap	<p><b>CASEL: SELF-AWARENESS</b></p> <ul style="list-style-type: none"> <li>Identifying personal, cultural, and linguistic assets</li> <li>Integrating personal and social identities</li> <li>Linking feelings, values, and thoughts</li> </ul> <p><b>CASEL: SOCIAL AWARENESS</b></p> <ul style="list-style-type: none"> <li>Taking others' perspectives</li> <li>Recognizing strengths in others</li> </ul> <p><b>CASEL: RESPONSIBLE DECISION-MAKING</b></p> <ul style="list-style-type: none"> <li>Demonstrating curiosity and open-mindedness</li> </ul>
LESSON TASKS	Essential Resources: Google Lesson  <i>("Build Your Professional Network")</i>	<p><b>CASEL: RELATIONSHIP SKILLS</b></p> <ul style="list-style-type: none"> <li>Seeking or offering support and help when needed</li> </ul>
LESSON EXTRAS	Leaders Featured in This Lesson	<p><b>CASEL: SOCIAL AWARENESS</b></p> <ul style="list-style-type: none"> <li>Taking others' perspectives</li> <li>Recognizing strengths in others</li> </ul>



## TALK TO A PROFESSIONAL FOR ADVICE

After identifying your interests, you'll research people in your community who are working in careers connected to your interests. To complete your Interview Project, you'll schedule an informal conversation with one of them where you'll get to ask about their career and life journey to get insights for your own path—then you'll share what you learned.

LESSON PORTION	LESSON ELEMENT	CASEL STANDARD
INTRODUCTION	Lesson Video	<p><b>CASEL: SOCIAL AWARENESS</b></p> <ul style="list-style-type: none"> <li>Understanding and expressing gratitude</li> </ul> <p><b>CASEL: SELF-MANAGEMENT</b></p> <ul style="list-style-type: none"> <li>Using planning and organizational skills</li> </ul>
LESSON TASKS	Lesson Questions	<p><b>CASEL: SELF-MANAGEMENT</b></p> <ul style="list-style-type: none"> <li>Using planning and organizational skills</li> <li>Demonstrating personal and collective agency</li> </ul>
LESSON TASKS	Project Assignment	<p><b>CASEL: SELF-MANAGEMENT</b></p> <ul style="list-style-type: none"> <li>Using planning and organizational skills</li> <li>Showing the courage to take initiative</li> <li>Demonstrating personal and collective agency</li> </ul> <p><b>CASEL: RELATIONSHIP SKILLS</b></p> <ul style="list-style-type: none"> <li>Developing positive relationships</li> <li>Seeking or offering support and help when needed</li> <li>Communicating effectively</li> </ul> <p><b>CASEL: RESPONSIBLE DECISION-MAKING</b></p> <ul style="list-style-type: none"> <li>Demonstrating curiosity and open-mindedness</li> </ul>
LESSON TASKS	Essential Resources	<p><b>CASEL: SELF-MANAGEMENT</b></p> <ul style="list-style-type: none"> <li>Using planning and organizational skills</li> <li>Showing the courage to take initiative</li> </ul>
LESSON EXTRAS	Leaders Featured in This Lesson	<p><b>CASEL: SOCIAL AWARENESS</b></p> <ul style="list-style-type: none"> <li>Taking others' perspectives</li> <li>Recognizing strengths in others</li> </ul>



# OVERCOMING ROADBLOCKS AND TAKING ACTION

You'll reflect on your Interview Project, thinking about what you learned and how it applies to your own life. Now that you have a better sense of who you are and what you want for your future, you have a solid foundation to guide you as you move forward.

LESSON PORTION	LESSON ELEMENT	CASEL STANDARD
INTRODUCTION	Lesson Video	<b>CASEL: SELF-AWARENESS</b> <ul style="list-style-type: none"> <li>Linking feelings, values, and thoughts</li> </ul>
LESSON TASKS	Lesson Questions	<b>CASEL: SELF-AWARENESS</b> <ul style="list-style-type: none"> <li>Identifying personal, cultural, and linguistic assets</li> <li>Experiencing self-efficacy</li> <li>Developing interests and a sense of purpose</li> </ul> <b>CASEL: SELF-MANAGEMENT</b> <ul style="list-style-type: none"> <li>Setting personal and collective goals</li> <li>Demonstrating personal and collective agency</li> </ul>
LESSON TASKS	Project Assignment: Survey	<b>CASEL: SELF-AWARENESS</b> <ul style="list-style-type: none"> <li>Identifying one's emotions</li> <li>Linking feelings, values, and thoughts</li> </ul>
LESSON EXTRAS	<b>Take It Further: Google Lessons</b>  <i>("Use Google to Get a New Job," "Start a Resume," "Write a Cover Letter")</i>	<b>CASEL: SELF-AWARENESS</b> <ul style="list-style-type: none"> <li>Identifying personal, cultural, and linguistic assets</li> </ul> <b>CASEL: SELF-MANAGEMENT</b> <ul style="list-style-type: none"> <li>Using planning and organizational skills</li> </ul> <b>CASEL: RESPONSIBLE DECISION-MAKING</b> <ul style="list-style-type: none"> <li>Reflecting on one's role to promote personal, family, and community well-being</li> </ul>
LESSON EXTRAS	<b>Take It Further: Roadtrip Nation Documentaries and Podcast</b>	<b>CASEL: SOCIAL AWARENESS</b> <ul style="list-style-type: none"> <li>Taking others' perspectives</li> <li>Recognizing strengths in others</li> <li>Recognizing situational demands and opportunities</li> <li>Understanding the influences of organizations/ systems on behavior</li> </ul>